

YOUR GUIDE TO

gifting great books

18 non-fiction books to gift for every occasion

Birds *of a* Feather
B O O K C L U B





Welcome!

We're Bec and Jane – the book-loving duo behind Birds of a Feather, an online book club for women who want to scroll less, read more and be part of a warm, welcoming community.

Gifting is a beautiful thing – but gifting books is something truly special. A book can say “I see you” and “I know you” in a way few other presents can.

We've put this little guide together to help you find thoughtful, joy-sparking non-fiction books to gift the people you love – from the curious minds to the homebodies, the big dreamers to the lifelong learners.

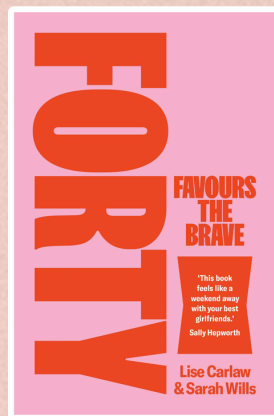
We hope these recommendations make your gift shopping easier, more meaningful, and a lot more fun.

Happy gifting (& happy reading),

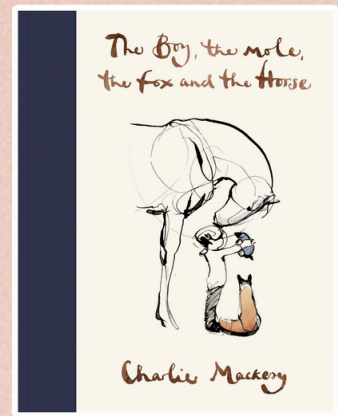
Bec & Jane xx



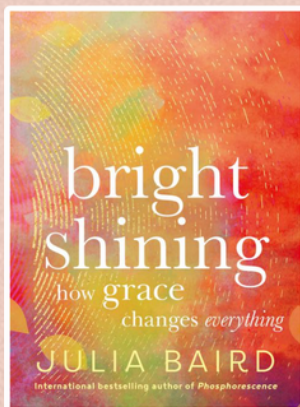
Things to Look Forward To: 52 large and small joys for today and every day
by Sophie Blackall
Tiny joys for everyday delight and hope



Forty Favours the Brave
by Lise Carlaw and Sarah Wells
Funny, honest stories about turning forty



The Boy, the Mole, the Fox and the Horse
by Charlie Mackesy
Heartwarming life lessons for all ages



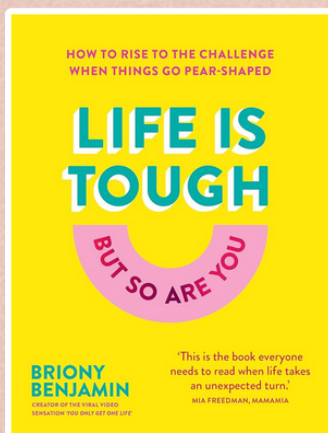
Bright Shining
by Julia Baird
Gentle reminders to notice life's light



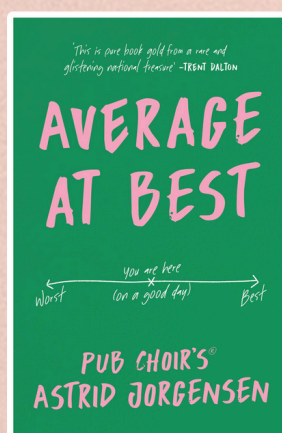
The Girl Who Fell From the Sky
by Emma Carey
Honest, raw memoir about rebuilding life



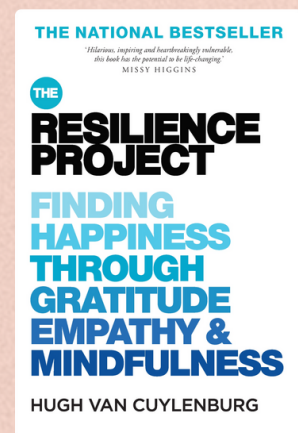
Love Stories
by Trent Dalton
Stories of love in all its wild, wondrous forms



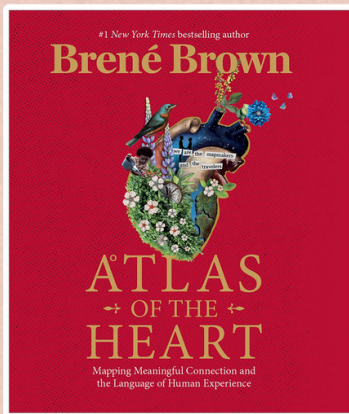
Life is Tough But So Are You
by Briony Benjamin
Honest, hopeful guide to surviving tough times



Average at Best
by Astrid Jorgensen
Real, relatable stories of music and mischief



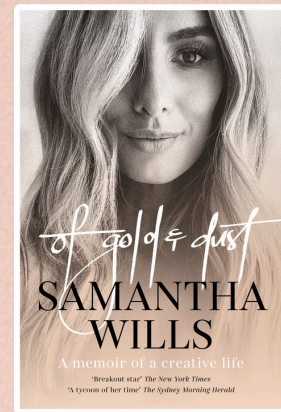
The Resilience Project
by Hugh Van Cuylenburg
Simple tools for gratitude, empathy and mindfulness



Atlas of the Heart
by Brené Brown
*Emotional wisdom for
living a wholehearted
life*



Happy
(and other ridiculous aspirations)
by Turia Pitt
*Funny, fierce take on
real happiness*



Of Gold and Dust
by Samantha Wills
*Behind-the-scenes
story of creativity and
reinvention*



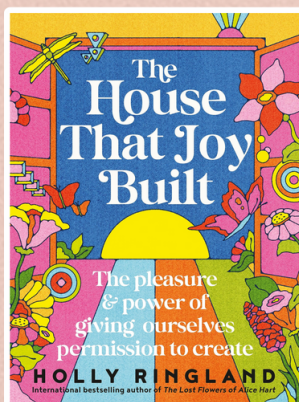
Ciao Bella: Six Take Italy
by Kate Langbroek
*Hilarious, chaotic and
heartfelt family
adventure*



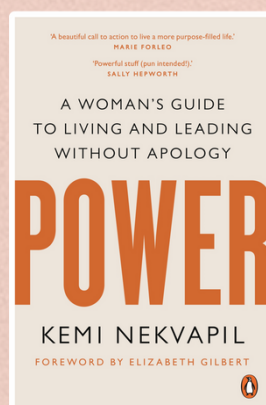
We are the Stars
by Gina Chick
*Wild, soulful story of
bush and belonging*



Your Time Starts Now
by Julie Goodwin
*Honest, down-to-earth
guide to starting again*



The House that Joy Built
by Holly Ringland
*Gentle invitation to
reclaim your creativity*



Power
by Kemi Nekvapil
*Practical wisdom on
boundaries, worth and
choice*



The Comfort Book
by Matt Haig
*Gentle, reassuring
thoughts for wobbly
moments*